

Cold Breakfast Menu



March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Frosted Flakes Cereal <i>Whole Grain Bites</i> <i>Fruit</i> <i>Milk</i>	3 Banana Bread <i>Fruit</i> <i>Milk</i>	4 Pan Dulce <i>Fruit</i> <i>Milk</i>	5 Yogurt w/ Granola <i>100% Fruit Juice</i> <i>Fruit</i> <i>Milk</i>	6 Cranberry Oatmeal Round <i>Fruit</i> <i>Milk</i>
9 Fruit Loops <i>Whole Grain Bites</i> <i>Fruit</i> <i>Milk</i>	10 Banana Bread <i>Fruit</i> <i>Milk</i>	11 Coffee Cake <i>Fruit</i> <i>Milk</i>	12 Orange Muffin <i>100% Fruit Juice</i> <i>Fruit</i> <i>Milk</i>	13 Cranberry Oatmeal Round <i>Fruit</i> <i>Milk</i>
16 Frosted Flakes Cereal <i>Whole Grain Bites</i> <i>Fruit</i> <i>Milk</i>	17 Banana Bread <i>Fruit</i> <i>Milk</i>	18 Blueberry Muffin Flat <i>Fruit</i> <i>Milk</i>	19 Pan Dulce <i>100% Fruit Juice</i> <i>Fruit</i> <i>Milk</i>	20 NO SCHOOL
23 Apple Jacks Cereal <i>Whole Grain Bites</i> <i>Fruit</i> <i>Milk</i>	24 Blueberry Muffin Flat <i>Fruit</i> <i>Milk</i>	25 Mini Wowbutter Sandwich <i>Fruit</i> <i>Milk</i>	26 Cranberry Oatmeal Round <i>100% Fruit Juice</i> <i>Fruit</i> <i>Milk</i>	27 NO SCHOOL
30 NO SCHOOL Cesar Chavez Day	31 Cranberry Oatmeal Round <i>Fruit</i> <i>Milk</i>	1	2	3

MENU SUBJECT TO CHANGE WITHOUT NOTICE

Breakfast includes one entrée, vegetable, 1/2 cup fruit serving, and fat free white milk or 1% white milk.

This institution is an equal opportunity provider.



Lunch Menu K-8

March 2020



Monday	Tuesday	Wednesday	Thursday	Friday
2 Teriyaki Chicken Chow Mein Noodles Baby Carrots Fruit Milk	3 Beef Hot Dog Oven Baked Fries 100% Fruit Juice Milk	4 Cheese Lasagna Baby Carrots Fruit Cup Milk	5 Breaded Chicken Leg Mashed Potatoes w/ Gravy Side Salad Dinner Roll Fruit Milk	6 Green Cheese Enchiladas Baby Carrots 100% Fruit Juice Milk
9 Baked Chicken Spaghetti Baby Carrots Fruit Milk	10 Cheeseburger Oven Baked Fries 100% Fruit Juice Milk	11 Hawaiian Pineapple Chicken w/ Rice & Vegetables Baby Carrots Fruit Cup Milk <i>Special</i>	12 Breaded Chicken Leg Mac & Cheese Side Salad Fruit Milk	13 Cheese Tamale Mixed Vegetables Baby Carrots 100% Fruit Juice Milk
16 Chicken Burrito Bowl w/ Rice & Vegetables Baby Carrots Fruit Milk	17 Chicken Patty Burger Oven Baked Fries 100% Fruit Juice Milk	18 Turkey Chili Popped Corn Chips Baby Carrots Fruit Cup Milk	19 <i>CHEF'S SPECIAL</i> Chicken Alfredo Side Salad Fruit Milk	20 NO SCHOOL
23 Salisbury Steak Mashed Potatoes w/ Gravy Dinner Roll Baby Carrots Fruit Milk	24 Hot Dog Whole Grain Bun Baked Potato Wedges 100% Fruit Juice Milk	25 Turkey Nachos Tortilla Chips Edamame Beans Fruit Cup Milk <i>Special</i>	26 Hamburger Pickles, Tomato, & Lettuce Kit Fruit Milk	27 NO SCHOOL
30 NO SCHOOL Cesar Chavez Day	31 Cheeseburger Oven Baked Fries 100% Fruit Juice Milk	1	2	3

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Vegetarian Lunch Menu K-8

March 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Plant-Based "Chicken" Teriyaki Chow Mein Noodles <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>3</p> <p>Vegetarian Burger <i>Oven Baked Fries</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>4</p> <p>Cheese Lasagna <i>Baby Carrots</i> <i>Fruit Cup</i> <i>Milk</i></p>	<p>5</p> <p>Plant-Based "Chicken" Tenders Mashed Potatoes w/Gravy <i>Side Salad</i> <i>Dinner Roll</i> <i>Fruit</i> <i>Milk</i></p>	<p>6</p> <p>Green Cheese Enchiladas <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>
<p>9</p> <p>Plant-Based "Chicken" Spaghetti <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>10</p> <p>Vegetarian Burger <i>Oven Baked Fries</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>11</p> <p>Hawaiian Pineapple Plant-Based "Chicken" w/ Steamed Vegetables & Rice <i>Baby Carrots</i> <i>Fruit Cup</i> <i>Milk</i></p>	<p>12</p> <p>Plant-Based "Chicken" Tenders Mac & Cheese <i>Side Salad</i> <i>Fruit</i> <i>Milk</i></p>	<p>13</p> <p>Cheese Tamale Mixed Vegetables <i>Baby Carrots</i> <i>100% Fruit Juice</i> <i>Milk</i></p>
<p>16</p> <p>Bean & Cheese Burrito Bowl w/ Rice & Vegetables <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>17</p> <p>Vegetarian Burger <i>Oven Baked Fries</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>18</p> <p>Bean & Cheese Chili Popped Corn Chips <i>Baby Carrots</i> <i>Fruit Cup</i> <i>Milk</i></p>	<p>19</p> <p>Plant-Based "Chicken" Alfredo <i>Side Salad</i> <i>Fruit</i> <i>Milk</i></p>	<p>20</p> <p>NO SCHOOL</p>
<p>23</p> <p>Plant-Based "Chicken" Tenders <i>Cheesy Mashed Potatoes</i> <i>Dinner Roll</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>24</p> <p>Vegetarian Burger <i>Baked Potato Wedges</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>25</p> <p>Cheese Nachos Tortilla Chips <i>Edamame Beans</i> <i>Fruit Cup</i> <i>Milk</i></p>	<p>26</p> <p>Vegetarian Burger <i>Pickles, Tomato, & Lettuce Kit</i> <i>Fruit</i> <i>Milk</i></p>	<p>27</p> <p>NO SCHOOL</p>
<p>30</p> <p>NO SCHOOL Cesar Have 2 Day</p>	<p>31</p> <p>Vegetarian Burger <i>Oven Baked Fries</i> <i>100% Fruit Juice</i> <i>Milk</i></p>	<p>1</p>	<p>2</p>	<p>3</p>

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Sandwich Menu K-8



March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Turkey & Cheese Sandwich <i>Baby Carrots Fruit Milk</i>	3 Club Sandwich <i>*Contains Pork*</i> <i>Baby Carrots 100% Fruit Juice Milk</i>	4 Build Your Own Tuna Sandwich <i>Baby Carrots Fruit Cup Milk</i>	5 Wowbutter Sandwich <i>Side Salad Fruit Milk</i>	6 Deli Chicken & Cheese Sandwich <i>Baby Carrots 100% Fruit Juice Milk</i>
9 *PORK* Ham & Cheese Sandwich <i>Baby Carrots Fruit Milk</i>	10 Turkey & Cheese Sandwich <i>Oven Baked Fries 100% Fruit Juice Milk</i>	11 Deli Chicken & Cheese Sandwich <i>Baby Carrots Fruit Cup Milk</i>	12 Turkey Pastrami & Cheese Sandwich <i>Side Salad Fruit Milk</i>	13 Roast Beef Sandwich <i>Baby Carrots 100% Fruit Juice Milk</i>
16 Deli Chicken & Cheese Sandwich <i>Baby Carrots Fruit Milk</i>	17 *PORK* Ham & Cheese Sandwich <i>Oven Baked Fries 100% Fruit Juice Milk</i>	18 Turkey Pastrami & Cheese Sandwich <i>Baby Carrots Fruit Cup Milk</i>	19 Club Sandwich <i>*Contains Pork*</i> <i>Side Salad Fruit Milk</i>	20 NO SCHOOL
23 Roast Beef Sandwich <i>Baby Carrots Fruit Milk</i>	24 Turkey & Cheese Sandwich <i>Oven Baked Fries 100% Fruit Juice Milk</i>	25 Deli Chicken & Cheese Sandwich <i>Edamame Beans Fruit Cup Milk</i>	26 Wowbutter Sandwich <i>Side Salad Fruit Milk</i>	27 NO SCHOOL
30 NO SCHOOL Cesar Chavez Day	31 *PORK* Ham & Cheese Sandwich <i>Oven Baked Fries 100% Fruit Juice Milk</i>	1	2	3

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Salad Menu K-8



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Monday	Tuesday	Wednesday	Thursday	Friday
2 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots Fruit Milk	3 Buffalo Chicken Salad Dinner Roll Ranch Dressing Oven Baked Fries 100% Fruit Juice Milk	4 Tuna Salad Wheat Crackers Ranch Dressing Baby Carrots Fruit Cup Milk	5 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	6 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots 100% Fruit Juice Milk
9 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots Fruit Milk	10 Buffalo Chicken Salad Dinner Roll Ranch Dressing Oven Baked Fries 100% Fruit Juice Milk	11 Chicken Taco Salad Popped Corn Chips Ranch Dressing Baby Carrots Fruit Cup Milk	12 Italian Pasta Salad w/ Chicken Side Salad Fruit Milk	13 Southwest Chicken Salad Dinner Roll Ranch Dressing Baby Carrots 100% Fruit Juice Milk
16 Tuna Salad Wheat Crackers Ranch Dressing Baby Carrots Fruit Milk	17 Chicken Taco Salad Popped Corn Chips Ranch Dressing Oven Baked Fries 100% Fruit Juice Milk	18 Cobb Salad *Contains Pork* Dinner Roll Ranch Dressing Baby Carrots Fruit Cup Milk	19 Chicken Taco Salad Popped Corn Chips Ranch Dressing Side Salad Fruit Milk	20 NO SCHOOL
23 Mexican Chicken Salad Popped Corn Chips Hot Sauce Baby Carrots Fruit Milk	24 Italian Pasta Salad w/ Chicken Oven Baked Fries 100% Fruit Juice Milk	25 Buffalo Chicken Salad Dinner Roll Ranch Dressing Edamame Beans Fruit Cup Milk	26 Southwest Chicken Salad Dinner Roll Ranch Dressing Side Salad Fruit Milk	27 NO SCHOOL
30 NO SCHOOL Cesar Chavez Day	31 Chicken Taco Salad Popped Corn Chips Ranch Dressing Oven Baked Fries 100% Fruit Juice Milk	1	2	3

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Snack Menu



March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Baked Churro Chips 100% Fruit Juice (6 oz)	3 Strawberry Chex Mix Fruit (3/4c)	4 Goldfish Pretzels 100% Fruit Juice (6oz)	5 Whole Grain Pop-Tart Fruit (3/4c)	6 Bug Bite Crackers 100% Fruit Juice (6oz)
9 Apple Chewie Bar 100% Fruit Juice (6oz)	10 Cheese Puffs Fruit (3/4 c)	11 Mini Muffin 100% Fruit Juice (6 oz)	12 Bagelful Fruit (3/4 c)	13 Cereal Pouch 100% Fruit Juice (6 oz)
16 Baked Churro Chips 100% Fruit Juice (6 oz)	17 Cinnamon Gripz Fruit (3/4 c)	18 Chex Mix Original 100% Fruit Juice (6 oz)	19 Multi-Grain Bar Fruit (3/4c)	20 NO SCHOOL
23 Mini Muffin 100% Fruit Juice (6 oz)	24 Cheese Puffs Fruit (3/4c)	25 Cheez-its 100% Fruit Juice (6 oz)	26 Baked Sour Cream Chips Fruit (3/4c)	27 NO SCHOOL
30 NO SCHOOL CE SAR CHAVEZ DAY	31 Strawberry Chex Mix Fruit (3/4c)	1	2	3

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Snack includes 2 items: grain, fruit, protein or milk.

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